

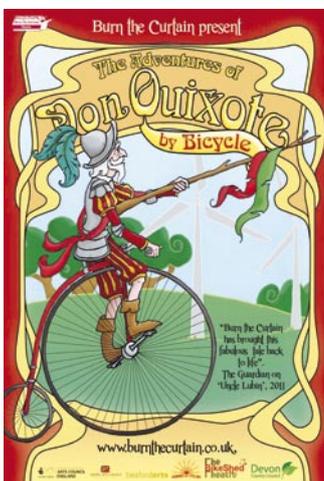
## PEDALLING AT WINDMILLS

**FAMILY CYCLISTS** in the South West are invited to take part in 'The Adventures of Don Quixote by Bicycle', an interactive theatre production on some of Devon's iconic cycle trails this summer. As the audience cycles, the imaginary escapades of Don Quixote de La Mancha and his squire Sancho Panza will be told along the way. Performances will take place on the Exeter Canal cycle route in July and the Tarka Trail in North Devon in August.

Each show will involve a pre-performance workshop where the audience will turn their bikes into horses, and create their own costumes so they can become part of the show.

Artistic Director Joe Hancock said: 'CTC in the South West have been extremely helpful, firstly in helping us understand what an audience of family cyclists would want from a show, and then in helping us find some of the different cycles we needed. We like to bring people to our shows who wouldn't usually go to the theatre, and so we work outdoors taking audiences on unique journeys. As part of our research, we used CTC's Forum to discover what cyclists might be interested in and how far they might want to travel as part of the story.'

See [burnthecurtain.co.uk](http://burnthecurtain.co.uk).



It's not just Don Quixote by bicycle; the audience cycles along with the show



## Saddle up for summer

**SUMMER IS** the time for memorable rides with fellow CTC members. Head to the York Cycle Show on 23-24 June for a range of touring rides and the Ron Kitching CTC Challenge Ride and Sportive, then explore the Berwyn Mountains and the Vale of Clwyd at the Welsh Festival of Cycling, which runs from 27-31 July.

The Ron Kitching ride has 100 and 150km route options into the North York Moors, both fully marked. Entry is just £17 for CTC members (normally £27), and this includes Saturday entry to York Cycle Show. More details at [ctcchallengerides.co.uk](http://ctcchallengerides.co.uk).

The touring rides from York Cycle Show, some as short as 20 miles, also take place on the Saturday, while Sunday sees the parade of cyclists from York Minster to the

racecourse. Paul Hepworth, Chair of York Cycle Show Committee, needs eight volunteers as human signposts for the route. Email [paul@hepworth77.freemove.co.uk](mailto:paul@hepworth77.freemove.co.uk) if you can help.

The Welsh Festival of Cycling takes place at Ruthin in North Wales, with camping and caravan pitches available on site at Ruthin Rugby Club. There are four rides per day, ranging from short family rides to 70-mile hilly routes. There is a selection of CTC Touring Competition events: three audaxes (65, 100 and 200km), an off-road ride, a hill climb, a freewheeling competition, and a treasure hunt. Registration for the festival costs £15 per adult and £2 per child, with accommodation extra. For more information, see [ctc-cymru.org.uk](http://ctc-cymru.org.uk) or contact Emrys Jones: 01952 257522, [demrys2jones@hotmail.co.uk](mailto:demrys2jones@hotmail.co.uk).

(Above left) Riders get ready for the start of the Ron Kitching ride (Above) Exploring the scenic lanes of North Wales at the Welsh Festival of Cycling

**YORK CYCLE SHOW LATEST GO ONLINE**  
For more about exhibitors, rides and events, visit [yorkcycleshow.co.uk](http://yorkcycleshow.co.uk)

## Jacket & tie events

**IF YOU'RE** pretty quick from the station platform to your place of work, you might want to take your folding bike to one of two folding bike races this summer: the Brompton World Championship is at Blenheim Palace on 19 August, while the IG London Nocturne has a category for folders on 9 June. Both events have Le Mans style running starts to the folded bikes.

The Brompton World Championship is the centrepiece of a weekend cycling festival at Blenheim Place. Events include

family rides, a bike polo tournament, a cycle exhibition, and cycle skills sessions for children. For more information, visit the website [bikeblenheimpalace.com](http://bikeblenheimpalace.com).

The folding bike race at the London Nocturne, which has taken place since 2007, is now sponsored by folding bike manufacturer Tern – so it's now been rebranded the NocTern. It's free to enter, and there will be criterium races to watch too. For the second year, there will be a penny-farthing race as well. See [londonnocturne.com](http://londonnocturne.com).



Competitors in the Brompton World Championship must wear a jacket and tie



## VOLUNTEERS OF THE YEAR 2011

**SARA OLOF** was named CTC Volunteer of the Year for 2011 at the CTC National Dinner on 12 May at the Sheffield Hilton. CTC Chief Executive Gordon Seabright presented her with the Moss Medallion.

Awards MC and ex-Chair of CTC Council David Robinson praised Sara, who was also the regional winner for South West England, for her work in organising and leading rides. 'She stands out as being particularly warm,' he said, 'and that's probably the reason why her rides are so popular. She's very easy-going and has the ability to put even those who are the most nervous at their ease and feel welcome on her rides.'

Second placed nationally and regional winner for South East England, was Andrew Abbess, who was unable to attend. Third, and regional winner for London, was Jim Bush, for his decade-long involvement with Wheels for Wellbeing, the Cycling for All project in Croydon.

Other regional winners for the Volunteer of the Year were: East of England, Paul Fenton; Yorkshire and the Humber, Theresa Miall; South East England, Matt Hoy; West Midlands, David Pountney; East Midlands, Alan Hartshorne.

Three CTC members were Highly Commended: Ashley Parmenter, from East of England; Kirby James, South

West England; and Michael Gray, Scotland.

### Group awards

Reidvale Youth 'n' Action from Scotland were named the CTC-Bike Club Youth Club or Project of the Year for 2011. Runners up were Saltersgate Special School, also from Scotland, and Meadow Way Cycle Club, from East Midlands.

CTC Voluntary Group of the Year was Suffolk CTC Birthday Rides Team, from the East of England. Runners up were the Emitremmus Desrever Team, also from the East of England, and campaign group Spokes from Scotland.

### Further awards

John Whiteley from Yorkshire and the Humber was presented with the Gordon Selway Memorial Award for the CTC Campaigning Achievement of the Year 2011.

Two CTC Certificates of Merit were awarded at the Dinner, to Theresa Miall and David Pountney, both of whom had earlier picked up regional Volunteer of the Year Awards.

Theresa Miall set up Rotherham Cycle Campaign with her late husband Richard, and also organised family rides and easy rides in Rotherham. She was secretary for what was the South Yorkshire and North Derbyshire

DA, now Sheffield District CTC, and continued in that role as a single mother after the premature death of her husband. A regular attendee at York Cycle Show, Theresa continues to arrange family rides.

David Pountney has been on the Kidderminster CTC committee for 46 years, as secretary, treasurer, magazine editor, and clubroom manager. He began cycling by necessity when the engine fell out of his moped and he was forced to cycle the 14 hilly miles to work and back. He has since logged 482,841 miles, ridden Paris-Brest-Paris four times, toured in many countries, and continues to support and inspire new riders.

[More at ctc.org.uk/volunteerawards](http://ctc.org.uk/volunteerawards)



- 1 Youth winners Reidvale Youth 'n' Action
- 2 National Volunteer of the Year Sara Olof
- 3 Certificates of Merit for David Pountney...
- 4 ...and Theresa Miall. Both were regional volunteer winners too