

GLASGOW, LANARKSHIRE, FALKIRK, ARGYLL and AYRSHIRE – December 2019

see *Countrywide, Scotland and Edinburgh*: [Loch Lomond & Trossachs leaflets are also listed under Stirling](#)

Pocket sized guides to the NCN: **£5.99**

37: Ayrshire, Lanark & The Isle of Arran Cycle Map (2016)

41: Glasgow, Stirling & The Clyde Cycle Map (2015)

Rides around the Trossachs, 6 easy to follow rides **£2.95** (2009, Footprint)

Rides around Loch Lomond **£2.95** (2005, Footprint)

<http://shop.sustrans.org.uk/> to order on-line (7/19)

Clyde and Loch Lomond Cycleway, Glasgow to Loch Lomond (NCN 7)

www.sustrans.org.uk/find-a-route-on-the-national-cycle-network/clyde-and-loch-lomond-cycleway/ for details

Paisley and Clyde Coast Railway Path (NCN 75), Paisley to Gourrock 20 mls (2004)

www.sustrans.org.uk/find-a-route-on-the-national-cycle-network/paisley-and-clyde-railway-path/ for details(12/19)

Ayrshire Coast Cycleway (NCN 7), Irvine to Ayr 19 mls

Cunninghame Cycleway (NCN 73), Kilmarnock to Ardrossan 17 mls (2004)

Garnock Valley Cycleway (NCN 7), Irvine to Kilbirnie 18 mls (2004)

www.north-ayrshire.gov.uk/leisure-parks-and-events/outdoor-activities/cycling-and-cycle-paths.aspx to download (12/19)

The Clyde Walkway, Glasgow City Centre to New Lanark

www.southlanarkshire.gov.uk/downloads/download/258/clyde_walkway to download (12/19)

Glasgow Mountain Bike Guides

Alexandra Park (2013)

Cathkin Braes (2013)

www.glasgow.gov.uk/index.aspx?articleid=18297 to download (12/19)

The White Cart Water Walkway & Cycle Route, Pollok House in Pollok Country Park & Holmwood House, Cathcart

Follow the Kingfisher signs (OS 64, GR 55 61/58 59)

Currently no website (12/19)

Discover the Crinan Canal by Bike, Ardrishaig/Crinan (OS 55, GR 85 85/78 94) 9 mls

www.scottishcanals.co.uk/activities/cycling/crinan-canal/ for details (12/19)

Fire Tower Mountain Bike Trail, start from Ach nabreck, Kilmichael Glassary and Lochgilhead (OS 55)

www.heartofargyll.com/places/what-to-do/fire-tower-mountain-bike-trail/ for details (12/19)

Walk, Ride and Cycle in and around Denny (Denny Path Network), 7 suggested locations (2012)

www.visitfalkirk.com/media/66129/Walking-Denny-Path-Network.pdf to download (12/19)

Walk, Ride and Cycle in and around The Falkirk Wheel and South Falkirk, 10 suggested locations (2010)

www.visitfalkirk.com/media/66137/Walking-The-Falkirk-Wheel-and-South-Falkirk.pdf to download (12/19)

Carron Valley MTB Trails (OS 57,64. GR 72 83) (2013)

<http://scotland.forestry.gov.uk/visit/carron-valley> to download (12/19)

Ayrshire Paths, guide to cycle routes throughout South Ayrshire

www.ayrshirepaths.org.uk/find.htm for details (12/19)

Cycle routes in and around South Ayrshire

www.south-ayrshire.gov.uk/leisure/walking-cycling/ to download (12/19)

East Kilbride Cycling Network, 3 routes around the town centre

www.southlanarkshire.gov.uk/downloads/download/201/east_kilbride_cycle_network_routes_one_to_three to download (12/19)

North Lanarkshire recommended routes

www.northlanarkshire.gov.uk/index.aspx?articleid=6813 to download (12/19)

Irving & Kilwinning New Town Trail, Pedestrian & Cycle Trail Map and Guide

www.ayrshirepaths.org.uk/walkirvinentt.htm for details (12/19)

Eglington Country Park - cycling

www.north-ayrshire.gov.uk/leisure-parks-and-events/eglington-park/EPHome.aspx for details (12/19)

Callendar Estate Falkirk Cycling Routes

www.callendarestate.co.uk/things-to-do-in-falkirk/cycling-routes for details (12/19)

The Helix, the new cycle route connecting Falkirk and Grangemouth

www.thehelix.co.uk/things-to-do/activities/cycling/#.VvQ8ue_cs5s for details (12/19)

Cycling in East Renfrewshire

www.whatstoneastrenfrewshire.co.uk/activities/cycling/ for details (12/19)

Cycling, Loch Lomond & the Trossachs National Park

www.lochlomond-trossachs.org/things-to-do/cycling/ for details (12/19)

The Three Lochs Way, linking Loch Lomond, The Gareloch and Loch Long **£5**

www.threelochs.co.uk to order on-line (12/19)

The Whithorn Way, Glasgow/Whithorn (see Scotland) (12/19)

10 Walking and cycling routes in and around Kirkintilloch and Lenzi

www.thecampsies.co.uk/DE-HH%2010%20Walks%20Brochure.pdf to download (12/19)